

September 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1	2
3	4	5	6 Spaghetti Garlic Bread Tossed Salad Carrots	7 Chicken Patty on Bun Mac & Cheese Mixed Veggies Fruit	8 Hot Dogs Chips Veggies Watermelon	9
10	11 Breakfast Burrito Sausage, Egg & Cheese Hashbrown Banana	12 Sub Sandwiches Chips Fruit Yogurt Cookie	13 Super Nachos All the Fixin's Refried Beans Orange Slices	14 Chicken Alfredo Garlic Sticks Caesar Salad Peas	15	16
17	18 Biscuit & Sausage Gravy Scrambled Eggs Bananas	19 Pizza Roll Up Raw Veggies Pasta Salad Fruit Yogurt	20 Beef Tacos (Hard or Soft) Rice Corn Orange Slices	21 Hamburgers w/ cheese French Fries Pickles Fruit	22	23
24	25 Waffles Sausage Muffin Bananas	26 Chicken Pita Chips Raw Veggies Fruit Yogurt	27 Walking Tacos Rice Corn Orange Slices	28 BBQ Chicken Baked Beans Slaw Salad Fruit	29	30