



October 2024

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1 Sub sandwich Chips Broccoli & Baby Carrots Fruit	2 Ham & Potato Soup Grilled Cheese Sweet Pickles Brownie	3 Spaghetti Garlic Bread Stick Salad Fruit	4	5
6	7 Pizza Roll Up Marinara Pasta Salad Applesauce	8 Hamburger Mac & Cheese Baked Beans Fruit	9 Chicken & Dressing Bake Salad Green Beans Dessert	10 Popcorn Shrimp Buttered Noodles Raw Veggies Fruit	11	12
13	14 Cheese Omelet Sausage Hashbrowns Orange Slices	15 Fish Sandwich Cheesy Rice Raw Veggies Fruit	16 Chili & Corn Bread Green Beans Salad Dessert	17 Tater Tot Casserole Green Beans Fruit Cinnamon Roll	18	19
20	21 Biscuit & Sausage Gravy Scrambled Eggs Banana	22 Chicken Sandwich Cheesy Potato Cup Gogurt Fruit	23 Chicken Quesadilla Spanish Rice Salad Pudding	24 Homemade Pizza Glazed Carrots Yogurt Fruit	25	26
27	28 Chicken alfredo Garlic bread Green beans applesauce	29 Tacos Chips & Cheese Raw Veggies Fruit	30 Cappachini Bake Salad Garlic bread Cookie			